

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2021



| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|---|--|--|---|--|--|---|
|   |  |  |   |  | 1<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positive<br>01:30 Relax & Meditate<br>02:30 Ice Cream Social<br>03:30 Sensory Hour<br>06:00 Movie Night  | 2<br>10:00 Morning Brew<br>11:00 Walks in the Garden<br>01:30 Earth & Ecosystem<br>02:30 Beauty<br>03:30 Sensory Hour<br>06:00 Movie Night  |
| 3<br>10:00 Walks in the Garden<br>10:30 Ted Talks<br>11:00 Focusing on the Positive<br>01:30 Virtual Vacays<br>02:30 Mad Libs<br>03:30 Moving & Grooving<br>06:00 Movie Night                   | 4<br>10:00 Walks in the Garden<br>10:30 Music & Movement<br>11:00 Focus on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 BOARD Games<br>06:00 Movie Night  | 5<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 Earth & Ecosystem<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night  | 6<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 Beauty<br>06:00 Movie Night                                   | 7<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 History at it's Finest<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night           | 8<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positive<br>01:30 Relax & Meditate<br>02:30 Ice Cream Social<br>03:30 Sensory Hour<br>06:00 Movie Night  | 9<br>10:00 Morning Brew<br>11:00 Walks in the Garden<br>01:30 Earth & Ecosystem<br>02:30 Beauty<br>03:30 Sensory Hour<br>06:00 Movie Night<br><b>** Event PUMPKIN FESTIVAL @1PM</b> |
| 10<br>10:00 Walks in the Garden<br>10:30 Ted Talks<br>11:00 Focusing on the Positive<br>01:30 Virtual Vacays<br>02:30 Mad Libs<br>03:30 Moving & Grooving<br>06:00 Movie Night                  | 11<br>10:00 Walks in the Garden<br>10:30 Music & Movement<br>11:00 Focus on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 BOARD Games<br>06:00 Movie Night | 12<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 Earth & Ecosystem<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night | 13<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 Beauty<br>06:00 Movie Night<br><b>** Event FALL FESTIVAL</b> | 14<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 History at it's Finest<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night          | 15<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positive<br>01:30 Relax & Meditate<br>02:30 Ice Cream Social<br>03:30 Sensory Hour<br>06:00 Movie Night | 16<br>10:00 Morning Brew<br>11:00 Walks in the Garden<br>01:30 Earth & Ecosystem<br>02:30 Beauty<br>03:30 Sensory Hour<br>06:00 Movie Night   |
| 17<br>10:00 Walks in the Garden<br>10:30 Ted Talks<br>11:00 Focusing on the Positive<br>01:30 Virtual Vacays<br>02:30 Mad Libs<br>03:30 Moving & Grooving<br>06:00 Movie Night                  | 18<br>10:00 Walks in the Garden<br>10:30 Music & Movement<br>11:00 Focus on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 BOARD Games<br>06:00 Movie Night | 19<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 Earth & Ecosystem<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night | 20<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 Beauty<br>06:00 Movie Night                                  | 21<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 History at it's Finest<br><b>02:30 Costume Competition</b><br>03:30 Bowling<br>06:00 Movie Night | 22<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positive<br>01:30 Relax & Meditate<br>02:30 Ice Cream Social<br>03:30 Sensory Hour<br>06:00 Movie Night | 23<br>10:00 Morning Brew<br>11:00 Walks in the Garden<br>01:30 Earth & Ecosystem<br>02:30 Beauty<br>03:30 Sensory Hour<br>06:00 Movie Night   |
| 24<br>10:00 Walks in the Garden<br>10:30 Ted Talks<br>11:00 Focusing on the Positive<br>01:30 Virtual Vacays<br>02:30 Mad Libs<br>03:30 Moving & Grooving<br>06:00 Movie Night                  | 25<br>10:00 Walks in the Garden<br>10:30 Music & Movement<br>11:00 Focus on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 BOARD Games<br>06:00 Movie Night | 26<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 Earth & Ecosystem<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night | 27<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positives<br>01:30 Relax & Meditate<br>02:30 Bingo<br>03:30 Beauty<br>06:00 Movie Night<br><b>** Event TRUNK-R-TREAT</b> | 28<br>10:00 Walks in the Garden<br>10:30 Stretch Out<br>11:00 Focus on the Positives<br>01:30 History at it's Finest<br>02:30 Bowling<br>03:30 Moving & Grooving<br>06:00 Movie Night          | 29<br>10:00 Exercise with Team Select<br>11:00 Focusing on the Positive<br>01:30 Relax & Meditate<br>02:30 Ice Cream Social<br>03:30 Sensory Hour<br>06:00 Movie Night | 30<br>10:00 Morning Brew<br>11:00 Walks in the Garden<br>01:30 Earth & Ecosystem<br>02:30 Beauty<br>03:30 Sensory Hour<br>06:00 Movie Night   |
| 31<br>10:00 Walks in the Garden<br>10:30 Ted Talks<br>11:00 Focusing on the Positive<br>01:30 Virtual Vacays<br>02:30 Mad Libs<br>03:30 Moving & Grooving<br>06:00 Movie Night<br><br>Halloween |  |  |   |  |  |   |

# Memory Care



Type the name, address, and other information about your community/company here.