

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

10:00 Morning Brew
 10:45 Current Events
 01:30 Earth & Ecosystem
 02:30 Sensory Hour
 03:30 Puzzles
 06:00 Movie Night

New Year's Day

2

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Sunday Football
 02:30 Beauty
 03:30 Movin' And Groovin'
 06:00 Movie Night

3

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Relax & Meditate
 02:30 Bowling
 03:30 Worldly Wise
 06:00 Movie Night

4

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - Music Therapy with Lori
 02:30 - Crafty Creations
 03:30 - Movin' And Groovin'
 06:00 - Movie Night

5

10:00 - Team Select
 10:45 - Focus on the Positives
 01:30 - Relax & Meditate
 02:30 - Bingo
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

6

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 -
 02:30 - Crafty Creations
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

7

10:00 - Team Select
 10:45 - Good News Network
 01:30 - Relax & Meditate
 02:30 - It's so Instrumental
 03:30 - Moving & Grooving
 06:00 - Movie Night

8

10:00 - Morning Brew
 10:45 - Current Events
 01:30 - Earth & Ecosystem
 02:30 - Sensory Hour
 03:30 - Puzzles
 06:00 - Movie Night

9

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Sunday Football
 02:30 Beauty
 03:30 Movin' And Groovin'
 06:00 Movie Night

10

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Relax & Meditate
 02:30 Bowling
 03:30 Worldly Wise
 06:00 Movie Night

11

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - Jokes & Riddles
 02:30 - Crafty Creations
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

12

10:00 - Team Select
 10:45 - Focus on the Positives
 01:30 - Relax & Meditate
 02:30 - Bingo
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

13

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - History at it's Finest
 02:30 - January Birthdays!!
 03:30 - Movin' And Groovin'
 06:00 - Movie Night

14

10:00 - Team Select
 10:45 - Good News Network
 01:30 - Relax & Meditate
 02:30 - It's so Instrumental
 03:30 - Moving & Grooving
 06:00 - Movie Night

15

10:00 - Morning Brew
 10:45 - Current Events
 01:30 - Earth & Ecosystem
 02:30 - Sensory Hour
 03:30 - Puzzles
 06:00 - Movie Night

16

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Sunday Football
 02:30 Beauty
 03:30 Movin' And Groovin'
 06:00 Movie Night

17

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Relax & Meditate
 02:30 MLK Program
 03:30 Worldly Wise
 06:00 Movie Night

18

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - Music Therapy with Lori
 02:30 - Crafty Creations
 03:30 - Movin' And Groovin'
 06:00 - Movie Night

19

10:00 - Team Select
 10:45 - Focus on the Positives
 01:30 - Relax & Meditate
 02:30 - Bingo
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

20

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - History at it's Finest
 02:30 - What's Cooking?
 03:30 - Movin' And Groovin'
 06:00 - Movie Night

21

10:00 - Team Select
 10:45 - Good News Network
 01:30 - Relax & Meditate
 02:30 - It's so Instrumental
 03:30 - Moving & Grooving
 06:00 - Movie Night

22

10:00 - Morning Brew
 10:45 - Current Events
 01:30 - Earth & Ecosystem
 02:30 - Sensory Hour
 03:30 - Puzzles
 06:00 - Movie Night

Martin Luther King Jr. Day

23

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Sunday Football
 02:30 Beauty
 03:30 Movin' And Groovin'
 06:00 Movie Night

24

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Relax & Meditate
 02:30 Bowling
 03:30 Worldly Wise
 06:00 Movie Night

25

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - Jokes & Riddles
 02:30 - Crafty Creations
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

26

10:00 - Team Select
 10:45 - Focus on the Positives
 01:30 - Relax & Meditate
 02:00 - Aussie Day
 03:30 - Earth & Ecosystem
 06:00 - Movie Night

27

10:00 - Chair Exercise
 10:45 - Focus on the Positives
 01:30 - History at it's Finest
 02:30 - What's Cooking?
 03:30 - Movin' And Groovin'
 06:00 - Movie Night

28

10:00 - Team Select
 10:45 - Good News Network
 01:30 - Relax & Meditate
 02:30 - It's so Instrumental
 03:30 - Moving & Grooving
 06:00 - Movie Night

29

10:00 - Morning Brew
 10:45 - Current Events
 01:30 - Earth & Ecosystem
 02:30 - Sensory Hour
 03:30 - Puzzles
 06:00 - Movie Night

Activity Professionals Week

30

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Sunday Football
 02:30 Beauty
 03:30 Movin' And Groovin'
 06:00 Movie Night

31

10:00 Chair Exercise
 10:45 Good News Network
 01:30 Relax & Meditate
 02:30 Bowling
 03:30 Worldly Wise
 06:00 Movie Night

Australia Day (observed)

Memory Care



Montage Hills

Type the name, address, and other information about your community/company here.